

# Texas Prescription Monitoring Program

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Research Analyst | Texas State Board of Pharmacy







### About the Texas PMP

The Texas Prescription Monitoring Program (Texas PMP), managed by the Texas State Board of Pharmacy, collects and monitors outpatient prescription data for all Schedule II, III, IV and V controlled substances dispensed by a pharmacy in Texas or to a Texas resident from a pharmacy located in another state.

The Texas PMP is a patient care tool that can be used to inform prescribing practices, as well as address prescription drug misuse and diversion. The Texas PMP shares prescription data with 33 other states and entities, allowing prescribers and pharmacists to track prescriptions dispensed outside the state of Texas.









Texas PMP

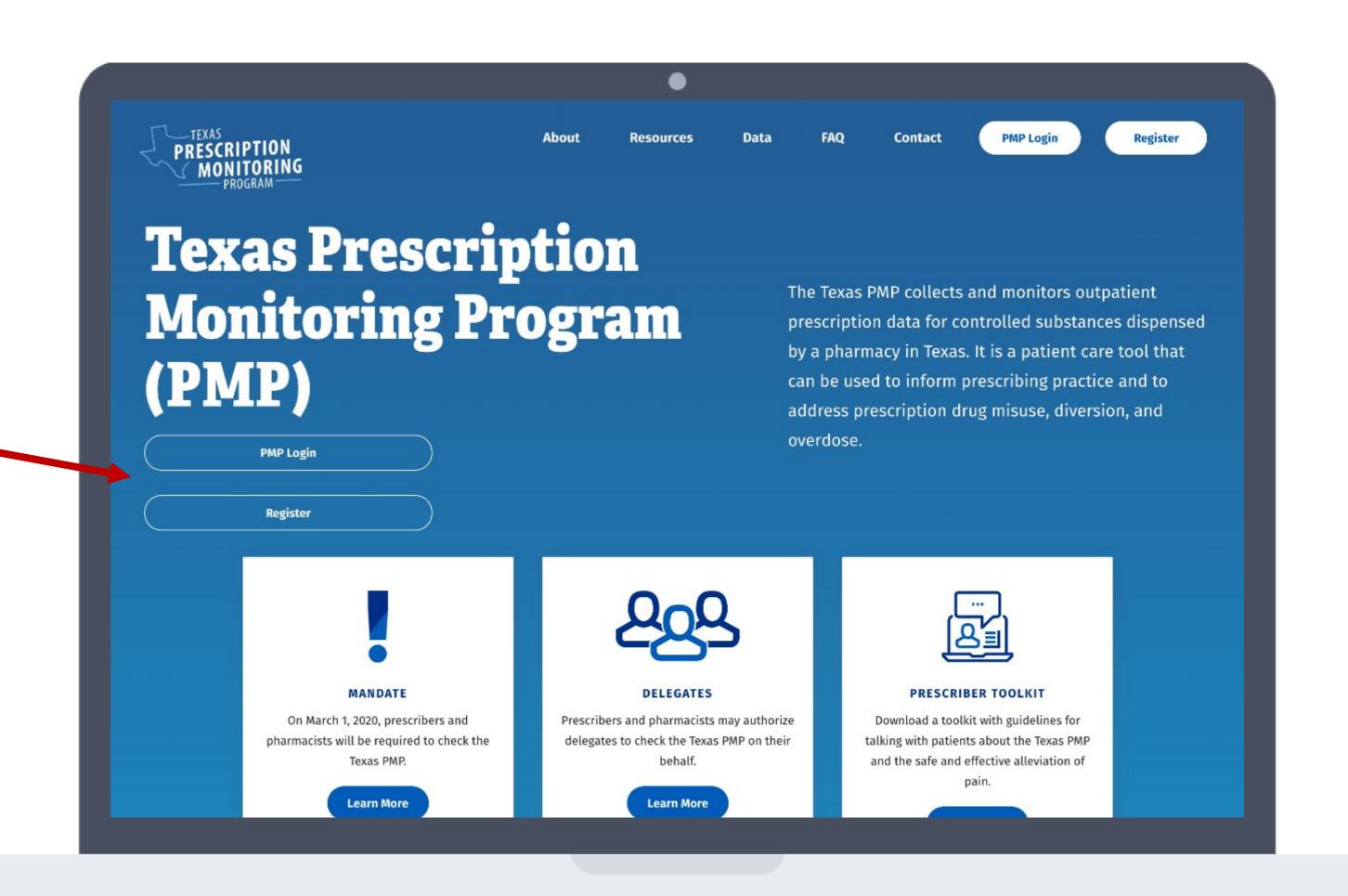
## Login & registration

Prescriber & pharmacist access

www.txpmp.org

texas.pmpaware.net

pharmacy.texas.gov/PMP



Texas PMP

# Login & registration



Mandatory 3/1/20 | txpmp.org

Log In Email youremail Password \*\*\*\*\*\*\*\*\*\* Reset Password Log In **Create an Account** Need Help?

### Texas PMP AWARxE Menu



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Texas Pharmacist ▼

### **PDMP Links**

Ordering Official...

Texas State Board... Texas Board of Nu...

**Texas Medical Board** 

No Requests found.

is provided to prescribers and dispensers for purposes of providing better patient ca... more

Help

NEW Improper use of the

11/06/2017

**Prescription Monitoring Program** (PMP)

Improper use of the Prescription Monitoring







## Search Requirements



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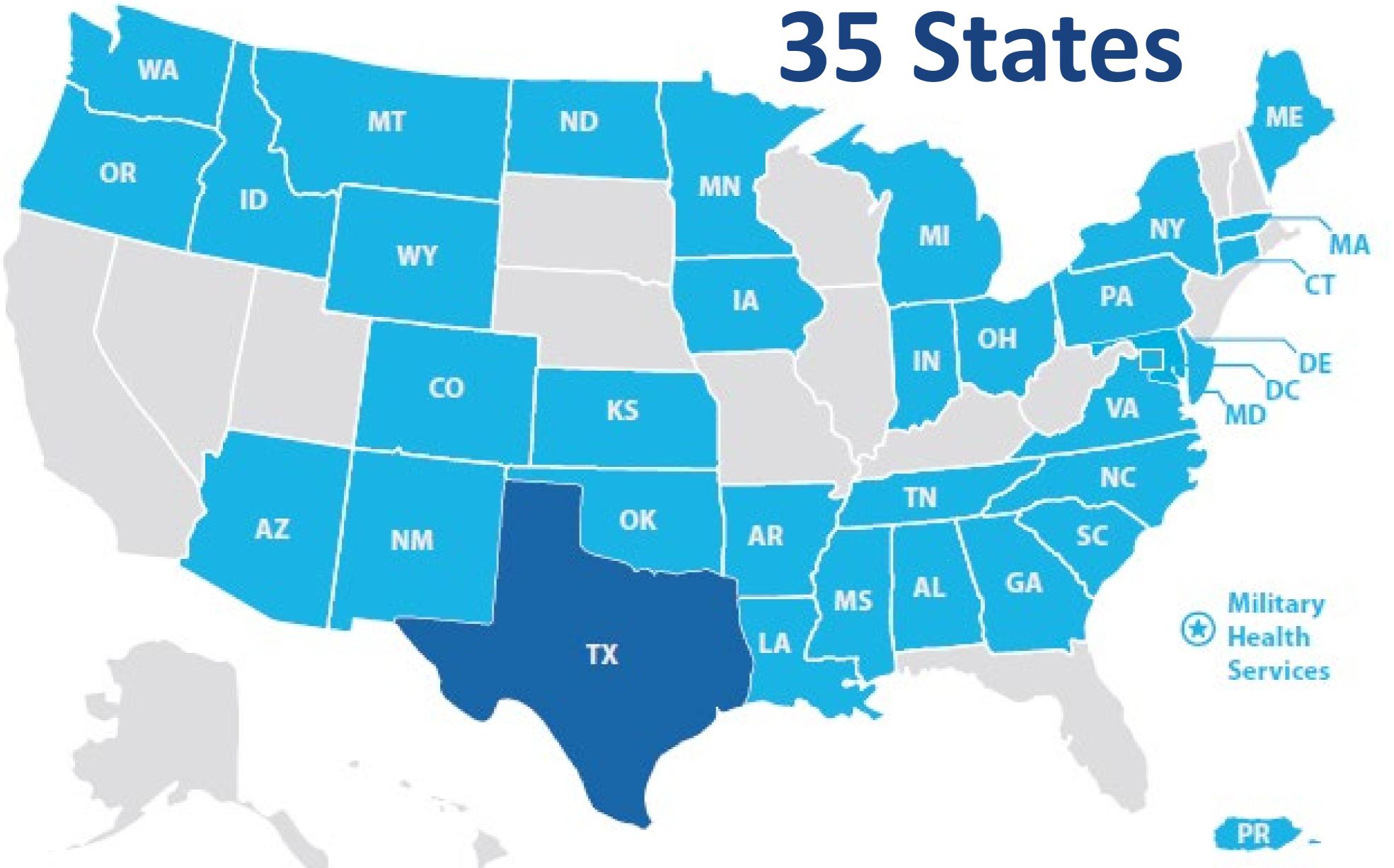
— Menu

PRESCRIPTION MONITORING RxSearch > Patient Request Support: 844-4TX-4PMP (844-489-4767) Patient Rx Request Tutorial **Patient Request** Can't view the file? Get Adobe Acrobat Reader \* Indicates Required Field Patient Info First Name\* Last Name\* Partial Spelling Partial Spelling Date of Birth\* MM/DD/YYYY Phone Number Upload Documentation Upload documents associated with this search request (e.g. subpoena, consent form). Choose files... [Max File Size: 15MB] Prescription Fill Dates No earlier than 3 years from today From\* To\* 10/07/2019 10/07/2017 Patient Location Search accuracy can be improved by including the address Street Address City State/Province Zip Code Select State

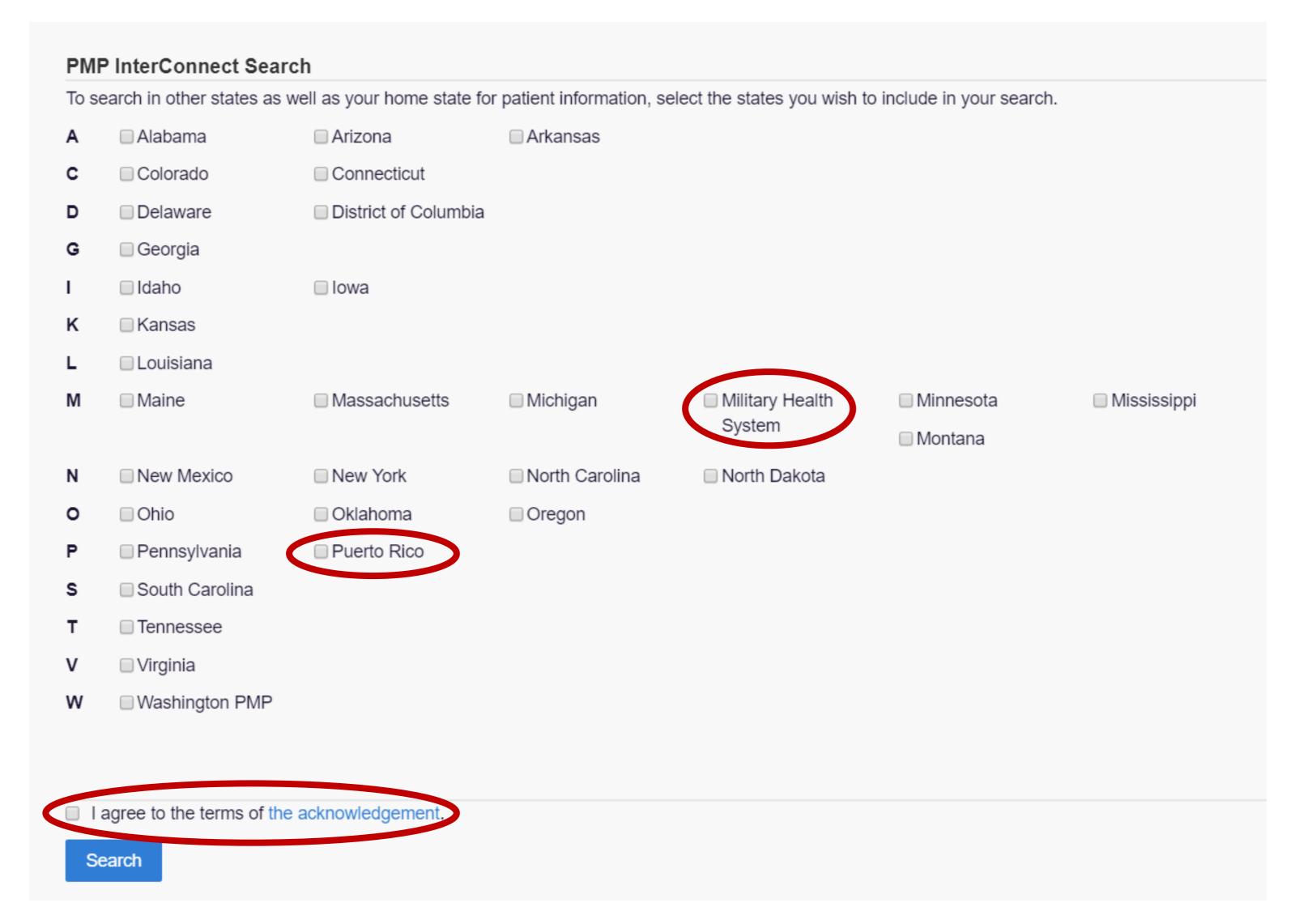
## PMP InterConnect



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## Using the PIMP InterConnect





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## Improper Use of the PMP



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### Acknowledgement

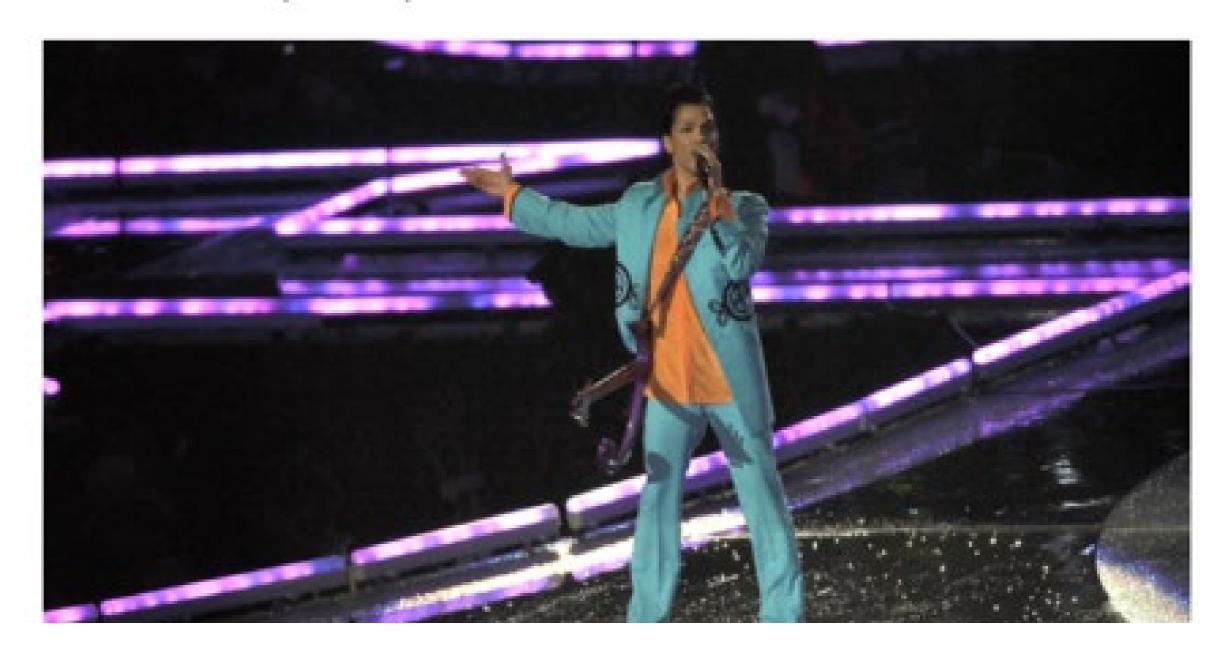
#### Pharmacist:

I certify that I am authorized by state law to access information in the PMP database and have met the requirements to be eligible to access the PMP database. I certify that the person about whom I am requesting PMP information is a current or prospective patient or a patient being evaluated for treatment and that I am requesting the information in connection with providing medical or pharmaceutical care to the patient. I further understand that I must treat the information in the PMP system as confidential healthcare information in accordance with federal and state laws. I understand that inappropriate access or disclosure of PMP information is a violation of federal and state law, and may result in disciplinary action, revocation of PMP database access, civil penalties, and/or criminal action. I understand the PMP administrator will conduct auditing activities to monitor for unusual or potentially unauthorized use of the system. I acknowledge that I am responsible for the use of my username and password and will never share this information with anyone, including my co-workers and staff. If my account access is comprised, I agree to notify the PMP immediately. The information in the PMP database and reports generated from the information may contain errors resulting from the information submitted by dispensers. The Texas State Board of Pharmacy recommends independent verification of the patient prescription information with pharmacies and prescribers when prudent or necessary. The data available from other state Prescription Monitoring Programs is based on the data submitted by the dispensers in the specific state in accordance with their state's reporting requirements.

Dismiss

## Pharmacists Busted for Prying into Prince's Medical Records

Three pharmacists were caught trying to access the deceased star's records just days after his death.



### NarxCare



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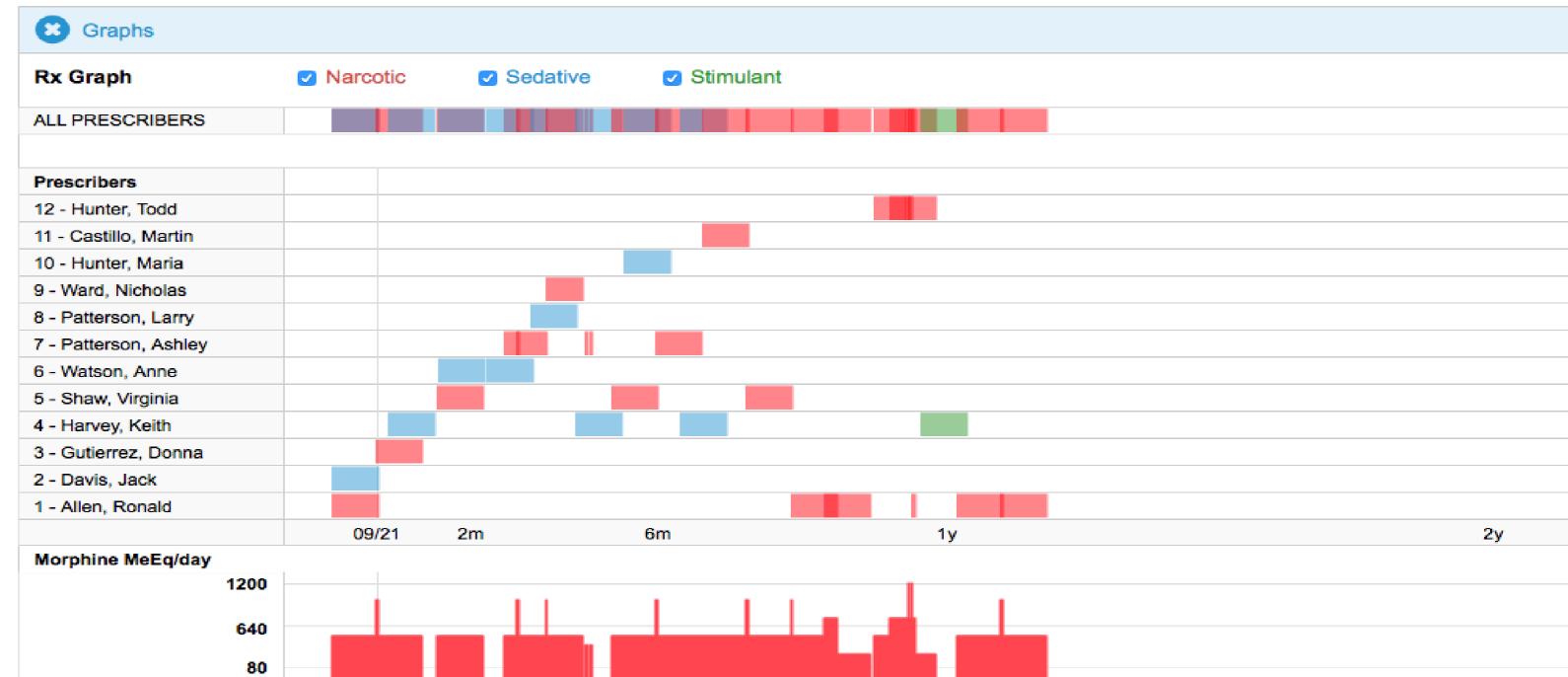
NarxCare software platform provides full access to state of the art tools and assessments regardless of integration status within the PMP, effective July 2019.

## NarxCare divided into 4 regions:

- 1. Header
- 2. Scores and Indicators
- 3. Graphs
- 4. Full Prescription Detail

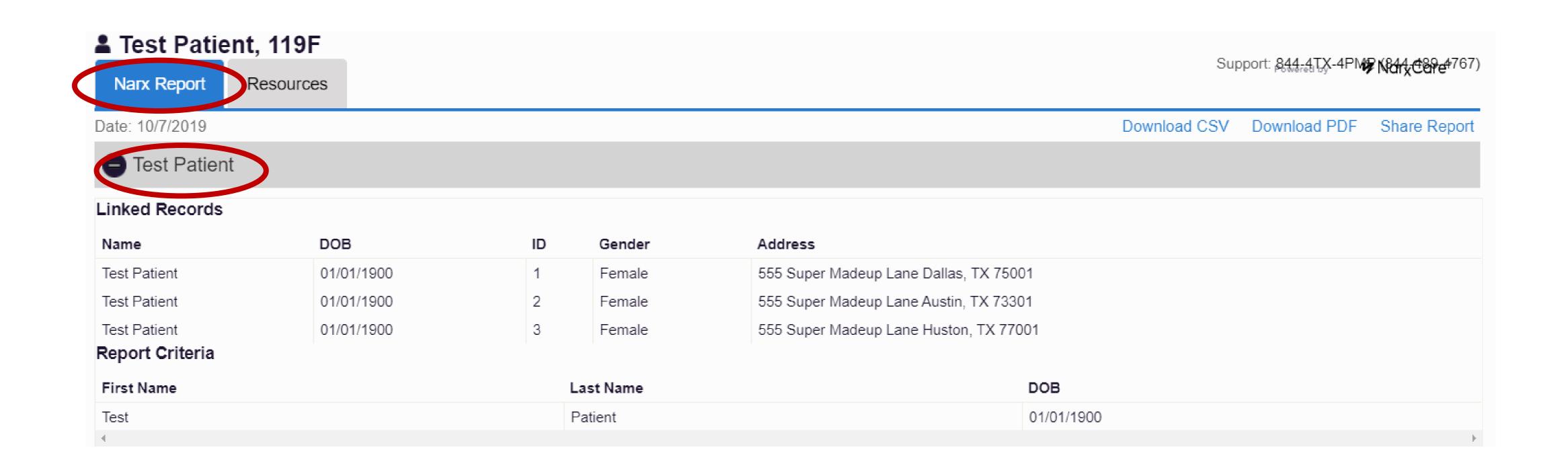
Green, Frances age: 55F date: 1/19/2017 | NARX REPORT | RESOURCES





### Patient Details

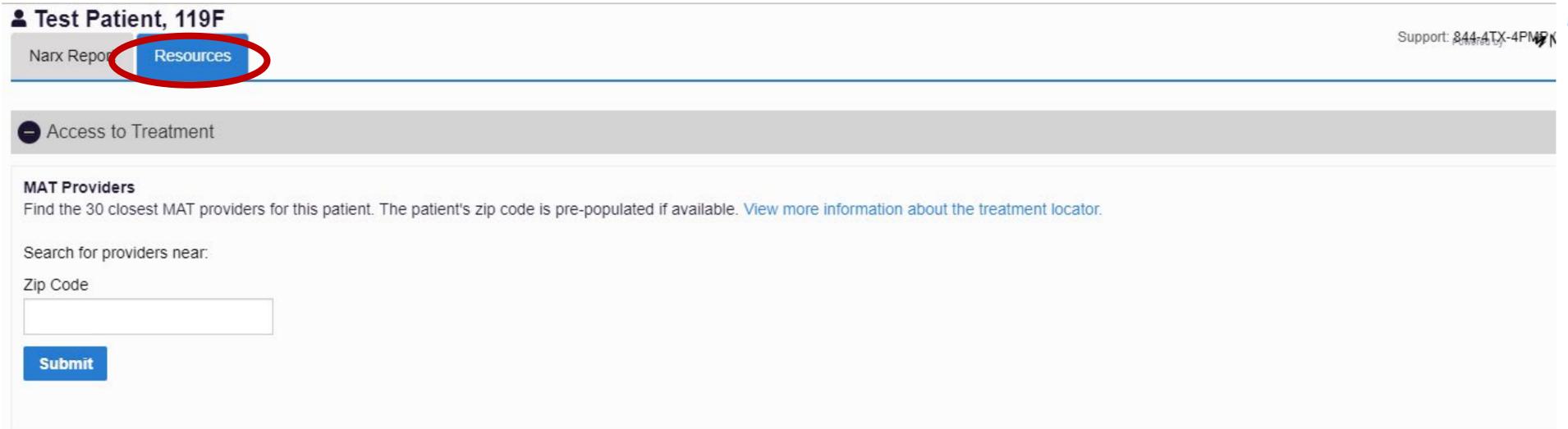




### MAT and CDC Resources



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### INFORMATIONAL DOCUMENTS

Educational Resources

Click the associated link and print. View more information about resources.







### Scores & Indicators



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Texas Doctor

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Narx Care Overview
Narx Scores
Overdose Risk Score
AWARxE/NarxCare User Guide
Lorazepam Milligram Equivalents
Help

#### **PDMP Links**

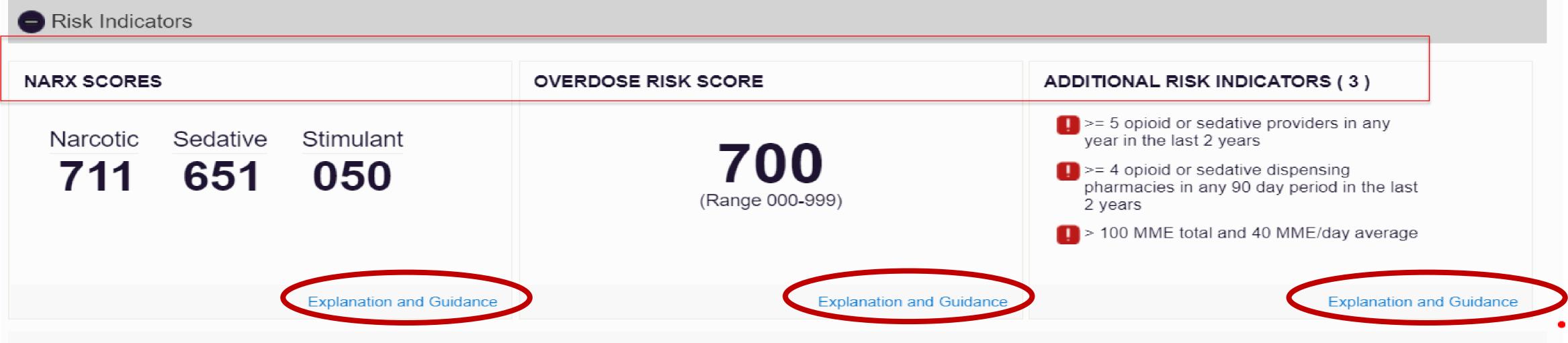
view Ordering Official...

Texas State Board...

Score Texas Board of Nu...

Care User Guide Texas Medical Board

Name	DOB	ID	Gender	Address		
Test Patient	01/01/1900	1	Female	555 Super Madeup Lane Austin, TX 73301		
Test Patient	01/01/1900	2	Female	555 Super Madeup Lane Huston, TX 77001		
Test Patient	01/01/1900	3	Female	555 Super Madeup Lane Dallas, TX 75001		
Report Criteria						
First Name		La	st Name	DOB		
Test		Pa	tient	01/01/1900		

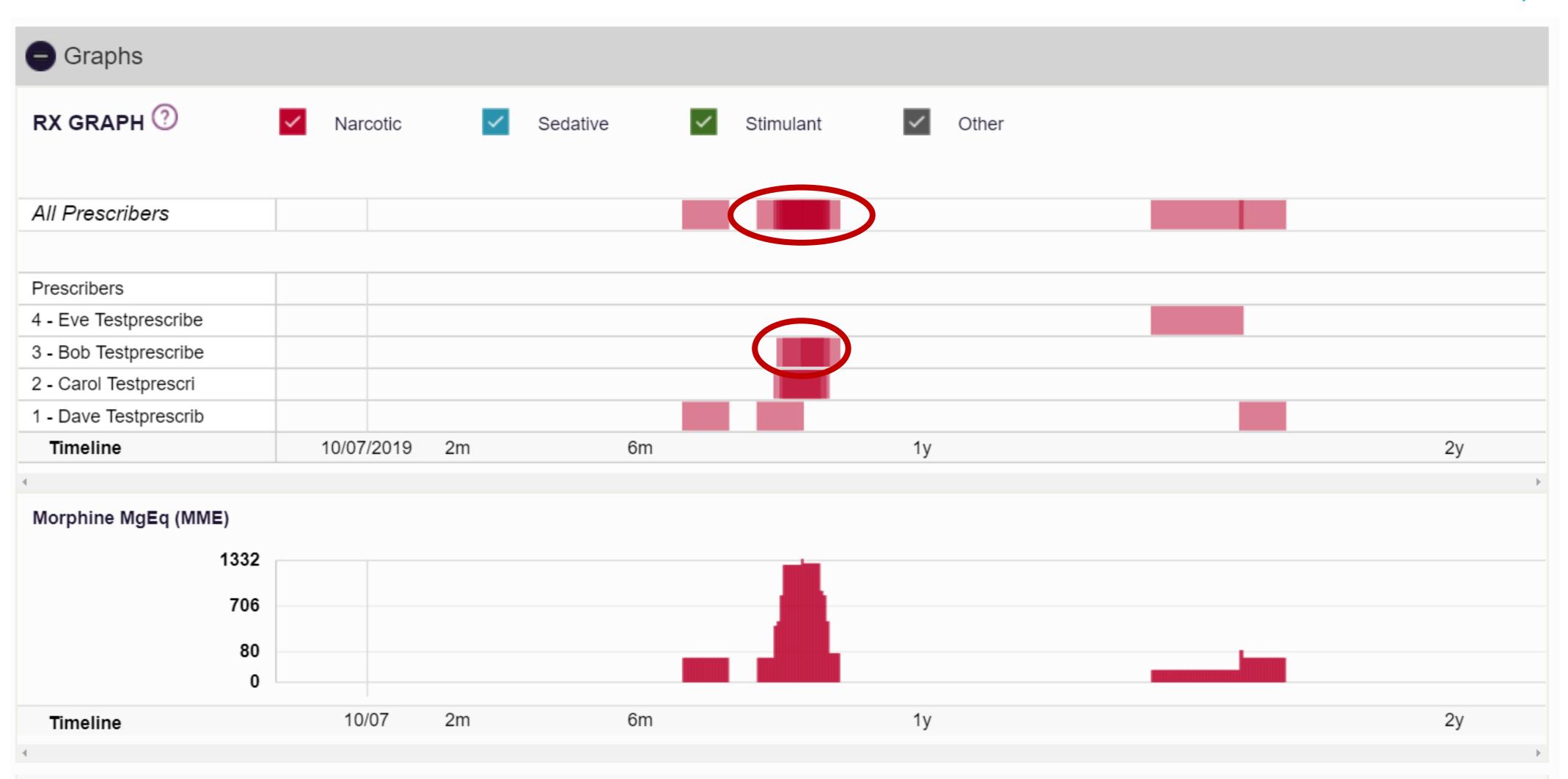


This NarxCare report is based on search criteria supplied and the data entered by the dispensing pharmacy. For more information about any prescription, please contact the dispensing pharmacy or the prescriber. NarxCare scores and reports are intended to aid, not replace, medical decision making. None of the information presented should be used as sole justification for providing or refusing to provide medications. The information on this report is not warranted as accurate or complete.

## RX Graph & Details



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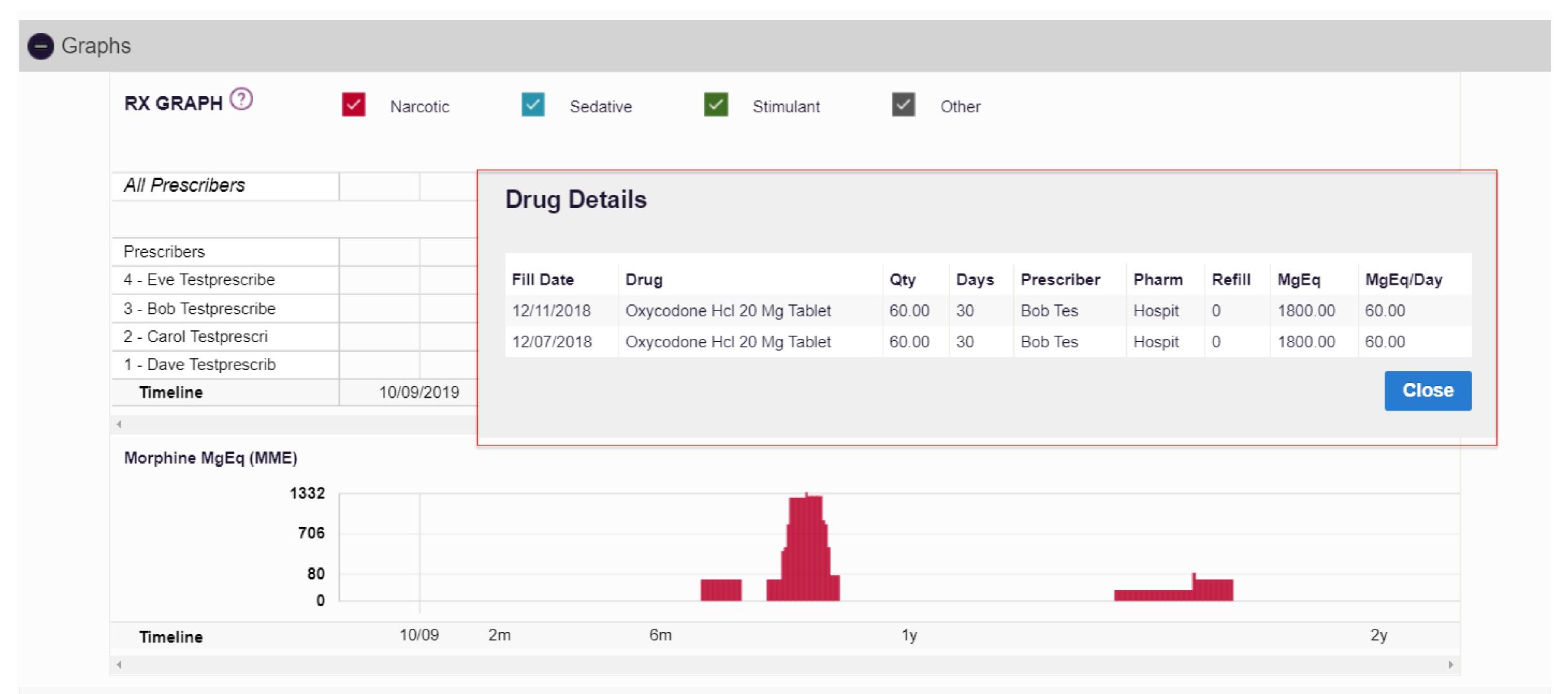


\*Per CDC guidance, the MME conversion factors prescribed or provided as part of the medication-assisted treatment for opioid use disorder should not be used to benchmark against dosage thresholds meant for opioids prescribed for pain. Buprenorphine products have no agreed upon morphine equivalency, and as partial opioid agonists, are not expected to be associated with overdose risk in the same dose-dependent manner as doses for full agonist opioids. MME = morphine milligram equivalents. LME = Lorazepam milligram equivalents. mg = dose in milligrams.

## Interactive Rx Graphs



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\*Per CDC guidance, the MME conversion factors prescribed or provided as part of the medication-assisted treatment for opioid use disorder should not be used to benchmark against dosage thresholds meant for opioids prescribed for pain. Buprenorphine products have no agreed upon morphine equivalency, and as partial opioid agonists, are not expected to be associated with overdose risk in the same dose-dependent manner as doses for full agonist opioids. MME = morphine milligram equivalents. LME = Lorazepam milligram equivalents. mg = dose in milligrams.

## Prescription Summary & History



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Summary
---------

Summary

Total Prescriptions: 10 Total Prescribers: Total Pharmacies:

Narcotics\* (excluding buprenorphine)

Current Qty: Current MME/day: 0.00 30 Day Avg MME/day: 0.00 Sedatives\*

Current Qty: 0 Current LME/day: 0.00 30 Day Avg LME/day: 0.00 Buprenorphine\*

Current Qty: 0 0.00 Current mg/day: 30 Day Avg mg/day: 0.00

Rx Data

#### **PRESCRIPTIONS**

Total Prescriptions: 10 Total Private Pay: 8

Fill Date 🔺	ID \$	Written <b>♦</b>	Drug \$	Qty <b>≑</b>	Days <b>♦</b>	Prescriber 💠	Rx # \$	Pharmacy \$	Refill ♦	Daily Dose * 💠	Pymt Type 💠	PMP ≑
02/11/2019	2	12/11/2018	Oxycodone Hcl 20 Mg Tablet	60.00	30	Da Tes	TP0000	You (0000)	0	60.00 MME	Private Pay	TX
12/24/2018	2	12/24/2018	Oxycodone Hcl 20 Mg Tablet	60.00	30	Da Tes	TP0000	You (0000)	0	60.00 MME	Comm Ins	TX
12/13/2018	1	12/13/2018	Oxycontin 80 Mg Tablet	90.00	30	Ca Tes	TP0000	You (5555)	0	360.00 MME	Private Pay	TX
12/11/2018	3	12/11/2018	Oxycodone Hcl 20 Mg Tablet	60.00	30	Bo Tes	TP0000	Hos (1119)	0	60.00 MME	Private Pay	TX
12/09/2018	1	12/09/2018	Oxycontin 80 Mg Tablet	90.00	30	Ca Tes	TP0000	You (5555)	0	360.00 MME	Private Pay	TX
12/07/2018	3	12/07/2018	Oxycodone Hcl 20 Mg Tablet	60.00	30	Bo Tes	TP0000	Hos (1119)	0	60.00 MME	Private Pay	TX
12/07/2018	1	12/07/2018	Oxycontin 80 Mg Tablet	90.00	30	Ca Tes	TP0000	You (5555)	0	360.00 MME	Private Pay	TX
11/30/2018	3	11/30/2018	Oxycodone Hcl 20 Mg Tablet	60.00	25	Bo Tes	TP0000	Hos (1119)	0	72.00 MME	Comm Ins	TX
03/10/2018	2	03/10/2018	Oxycodone Hcl 20 Mg Tablet	60.00	60	Ev Tes	TP000011	You (0000)	0	30.00 MME	Private Pay	TX
02/10/2018	2	02/10/2018	Oxycodone Hcl 20 Mg Tablet	60.00	30	Da Tes	TP0000	You (0000)	0	60.00 MME	Private Pay	TX

\*Per CDC guidance, the MME conversion factors prescribed or provided as part of the medication-assisted treatment for opioid use disorder should not be used to benchmark against dosage thresholds meant for opioids prescribed for pain. Buprenorphine products have no agreed upon morphine equivalency, and as partial opioid agonists, are not expected to be associated with overdose risk in the same dose-dependent manner as doses for full agonist opioids. MME = morphine milligram equivalents. LME = Lorazepam milligram equivalents. mg = dose in milligrams.

## Provider & Pharmacy History



Providers											
Total Providers: 4											
Name	<b>\$</b>	Address	<b>\$</b>	City	<b>\$</b>	State	<b>\$</b>	Zipcode	<b>\$</b>	Phone	<b>\$</b>
Eve Testprescriber										-	
Bob Testprescriber										-	
Carol Testprescriber										-	
Dave Testprescriber										-	
4											Þ
Pharmacies											
Pharmacies Total Pharmacies: 3											
	<b>\$</b>	Address	<b>\$</b>	City	<b></b>	State	<b>\$</b>	<b>Z</b> ipcode	<b>\$</b>	Phone	<b></b>
Total Pharmacies: 3	<b>\$</b>	Address 3203 Not-A-Real Place Drive	<b>\$</b>	<b>City</b> Huston	<b>\$</b>	<b>State</b>	<b>\$</b>	<b>Zipcode</b> 77001	<b>\$</b>	<b>Phone</b> (701) 555-900	
Total Pharmacies: 3  Name	<b>\$</b>		<b>\$</b>	-	<b>\$</b>		<b>\$</b>	-	<b>\$</b>		00
Total Pharmacies: 3  Name  Hospital Pharmacy (1119)	<b>\$</b>	3203 Not-A-Real Place Drive	<b>\$</b>	Huston	<b>\$</b>	TX	<b>\$</b>	77001	<b>\$</b>	(701) 555-900	00 25

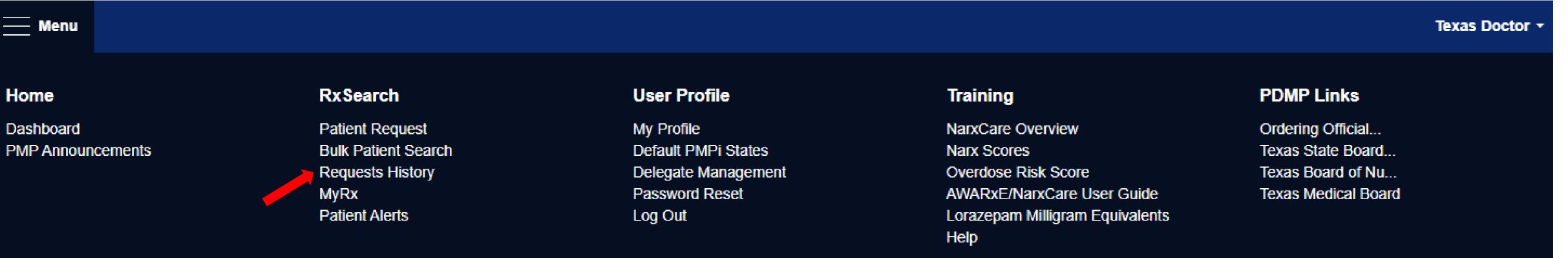
#### Admin

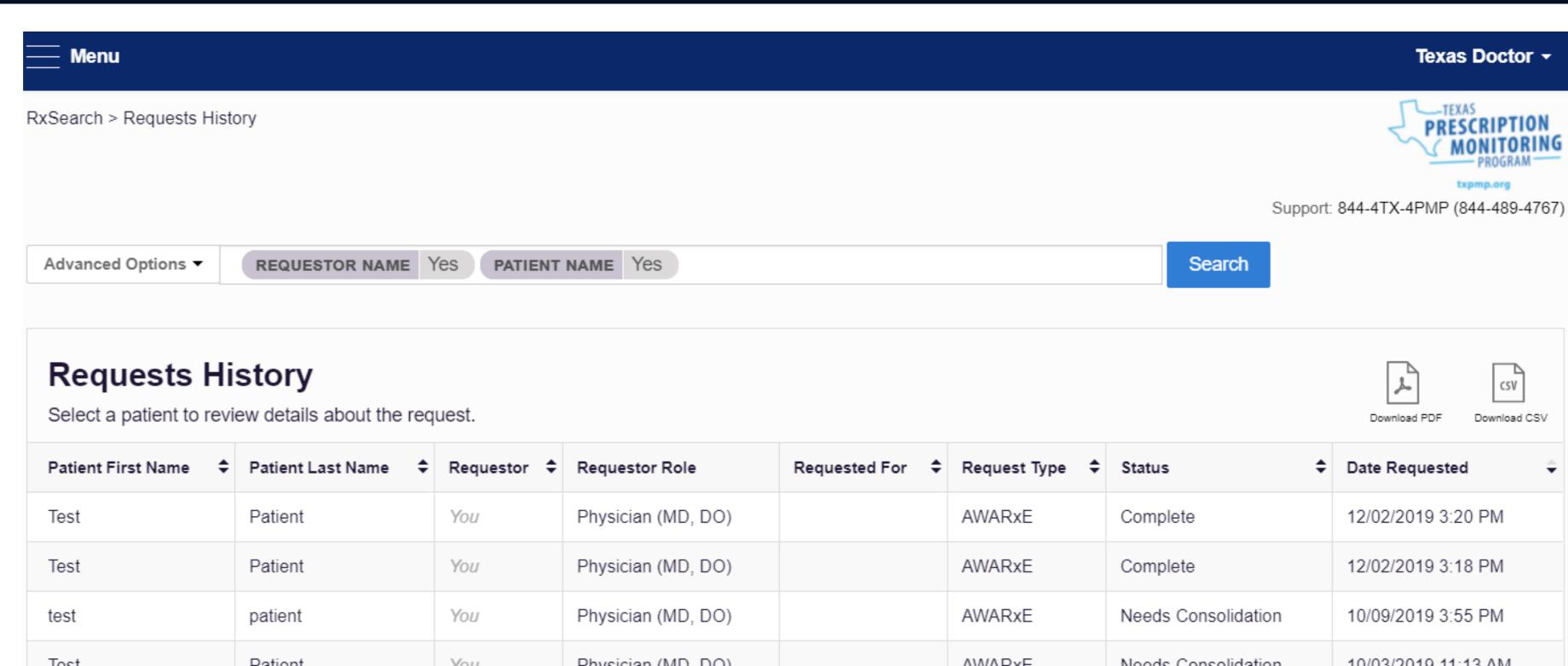
I understand that I must treat the information in the PMP system as confidential healthcare information in accordance with federal and state laws. I understand that inappropriate access or disclosure of PMP information is a violation of federal and state law, and may result in disciplinary action, revocation of PMP database access, civil penalties, and/or criminal action. I understand the PMP administrator will conduct auditing activities to monitor for unusual or potentially unauthorized use of the system. The information in the PMP database and reports generated from the information may contain errors resulting from the information submitted by dispensers. The Texas State Board of Pharmacy recommends independent verification of the patient prescription information with pharmacies and prescribers when prudent or necessary. The data available from other state Prescription Monitoring Programs is based on the data submitted by the dispensers in the specific state in accordance with their state's reporting requirements.

## Requests History



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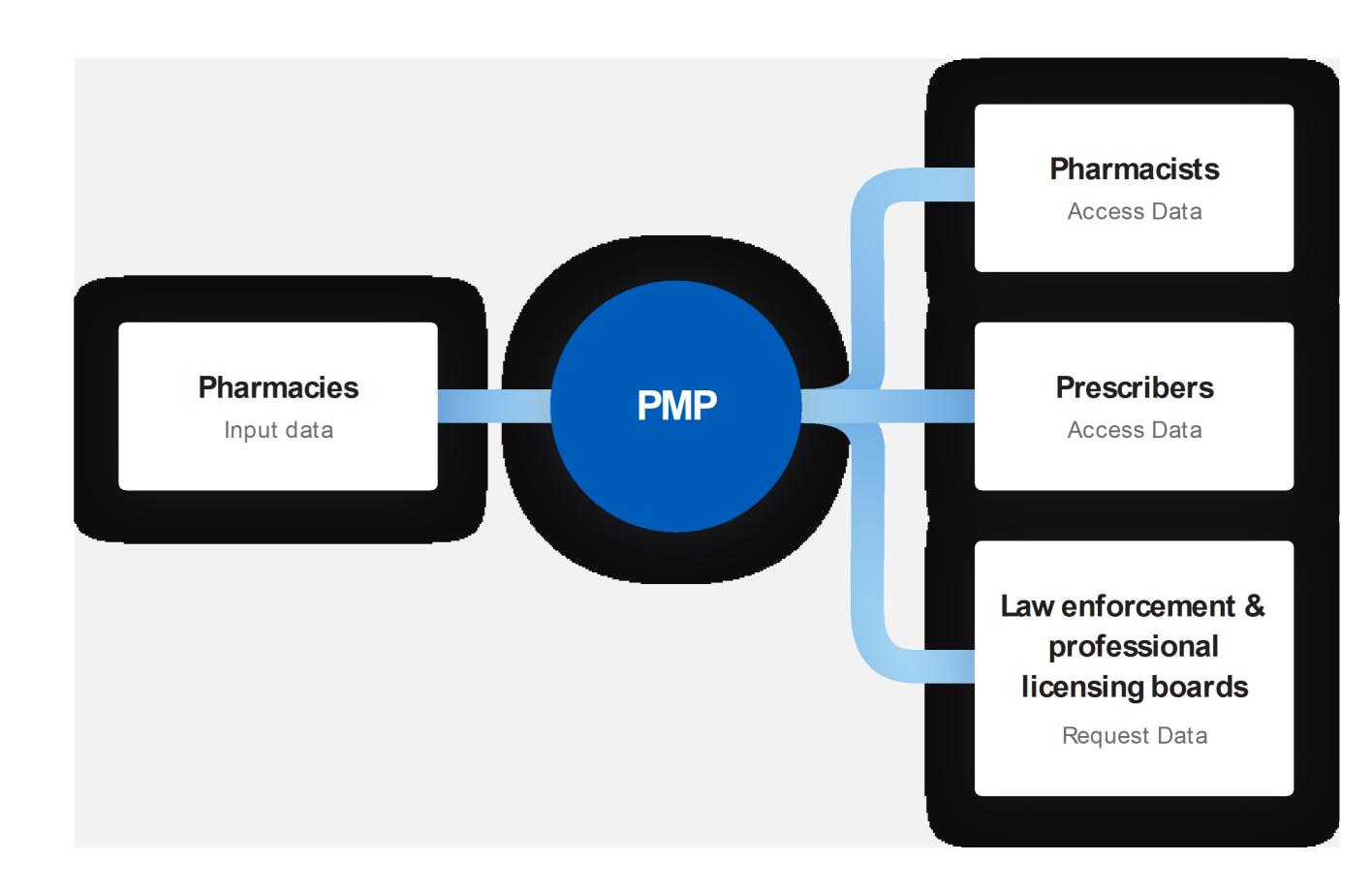


## Using a Delegate to Access the Texas PMP



The Texas PMP allows prescribers and pharmacists to designate an unlimited number of delegates to access patient prescription data and generate reports on their behalf. Eligible prescriber delegates include nurses, medical residents, administrative staff, etc.

The use of delegates saves time for prescribers and pharmacists, and can be helpful in integrating use of the Texas PMP into workflows.

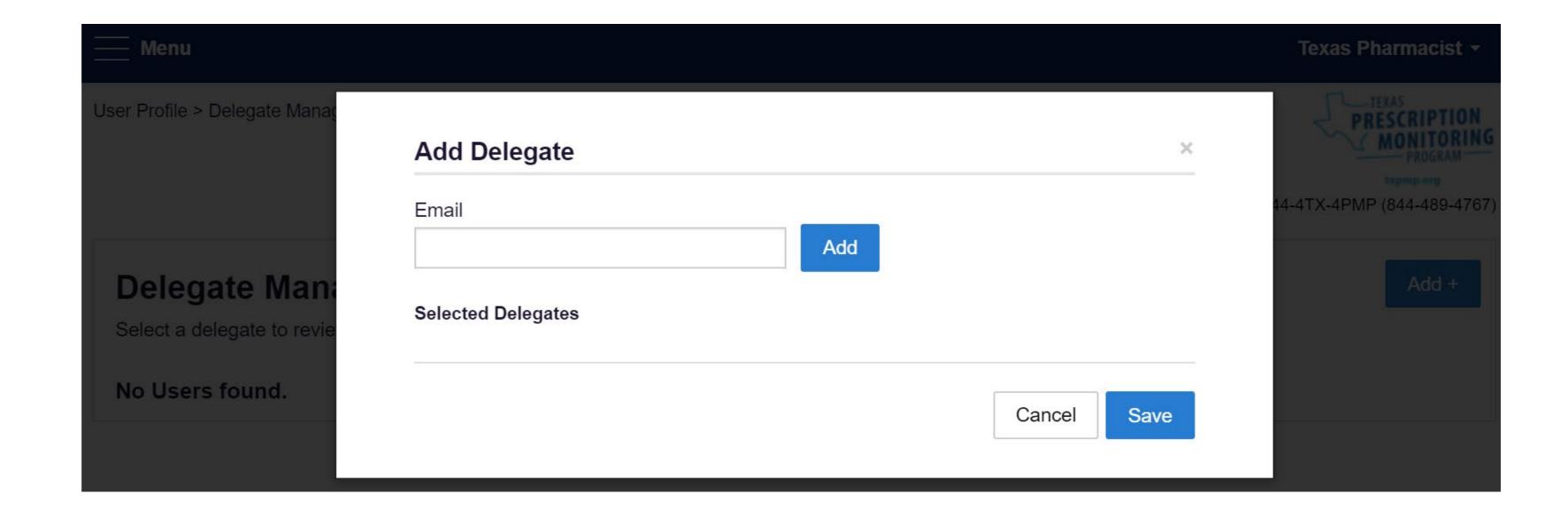


## Delegate Management



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### Texas Board of Dental Examiners §111.1-§111.4

§111.2 requires dentists who hold a DEA registration to self-query the Prescription Monitoring Program at once a year.





--- Menu Texas Doctor ▼ PRESCRIPTION RxSearch > MyRx > MyRx Request MONITORING Support: 844-4TX-4PMP (844-489-4767) MyRx Request My Rx \* Indicates Required Field **Prescriptions Written** No earlier than 3 years from today To\* From\* 01/01/2017 12/01/2019 **DEA Numbers** ✓ DZ1111119 Generic Drug Name (Optional) Drug Name Search

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Mandatory 3/1/20 | txpmp.org

txpmp.org

Download PDF Download CSV

CSV

Support: 844-4TX-4PMP (844-489-4767)



Back

MyRx Request

### MyRx

Report Prepared: 12/03/2019

Date Range: 01/01/2017 - 12/01/2019

DEA Numbers

DEA Number 

→ Prescriber Name 

→ Address 

→ City 

→ State 

→ Zip 

→ DZ1111119

Prescrip	otions						
Date Written 🕏	DEA(Last 4) ◆	Patient \$	Year of Birth 🗢	Drug Name	Days Supply \$	Pharmacy \$	Pharmacy Address 4
10/19/2019	1119	PATIENT, TEST	1955	HYDROCODON-ACETAMINOPHEN 5- 300	30	YOUR LOCAL PHARMACY	7 MAKEBELIEVE ST - AUSTIN TX 73301
08/31/2019	1119	PATIENT, TEST	1955	LORCET PLUS 7.5-325 MG TABLET	60	YOUR LOCAL PHARMACY MALL	2ND NOWHERE ST S - HUSTON TX 75001
07/30/2019	1119	PATIENT, TEST	1965	ALPRAZOLAM 0.5 MG TABLET	90	YOUR LOCAL PHARMACY	7 MAKEBELIEVE ST - AUSTIN TX 73301
06/30/2019	1119	PATIENT, TEST	1965	CARISOPRODOL 350 MG TABLET	180	YOUR LOCAL PHARMACY	7 MAKEBELIEVE ST - AUSTIN TX 73301
02/21/2019	1119	VADER, DARTH	1900	LORAZEPAM 0.5 MG TABLET	7	YOUR LOCAL PHARMACY MALL	2ND NOWHERE ST S - DALLAS TX 75001
02/21/2019	1119	VADER, DARTH	1900	OXYCODONE-ACETAMINOPHEN 5- 325	2	YOUR LOCAL PHARMACY MALL	2ND NOWHERE ST S - DALLAS TX 75001

### 5-3-5 Clinical Alerts



### **▼ A** Suspected Prescriber/Pharmacy Shopper

② 08/31/2017

Please note that this person has received controlled substances prescriptions written by **10** prescribers and had them filled at **6** pharmacies during the past **3** months. This equals or exceeds the threshold of **5** prescribers and **5** pharmacies and while there may be a valid reason for this, it also may be indicative of the practice of prescriber and pharmacy shopping.

The information in the PMP database and reports generated from the information may contain errors resulting from the information submitted by dispensers. The Texas State Board of Pharmacy recommends independent verification of the patient prescription information with pharmacies and prescribers when prudent or necessary. The data available from other state Prescription Monitoring Programs is based on the data submitted by the dispensers in the specific state in accordance with their state's reporting requirements.

PATIENT'S COUNTS ALERT THRESHOLDS

Prescribers: 10 Prescribers: 5
Pharmacies: 6 Pharmacies: 5

Time Frame: 3 Months

Current PMP Threshold = 5 Prescriptions / 3 Pharmacies / 5 Prescribers



86<sup>th</sup> Texas Legislature The Texas PMP & Opioids





Appropriates funds to the Texas State Board of Pharmacy for the following:

NarxCare

Clinical Alerts

- Prescriber and Dispenser Thresholds
- Opioid and Benzodiazepine Threshold
- Opioid Consecutive Days Threshold
- Daily Active MME Threshold
- Daily Active Methadone Threshold

System Integration

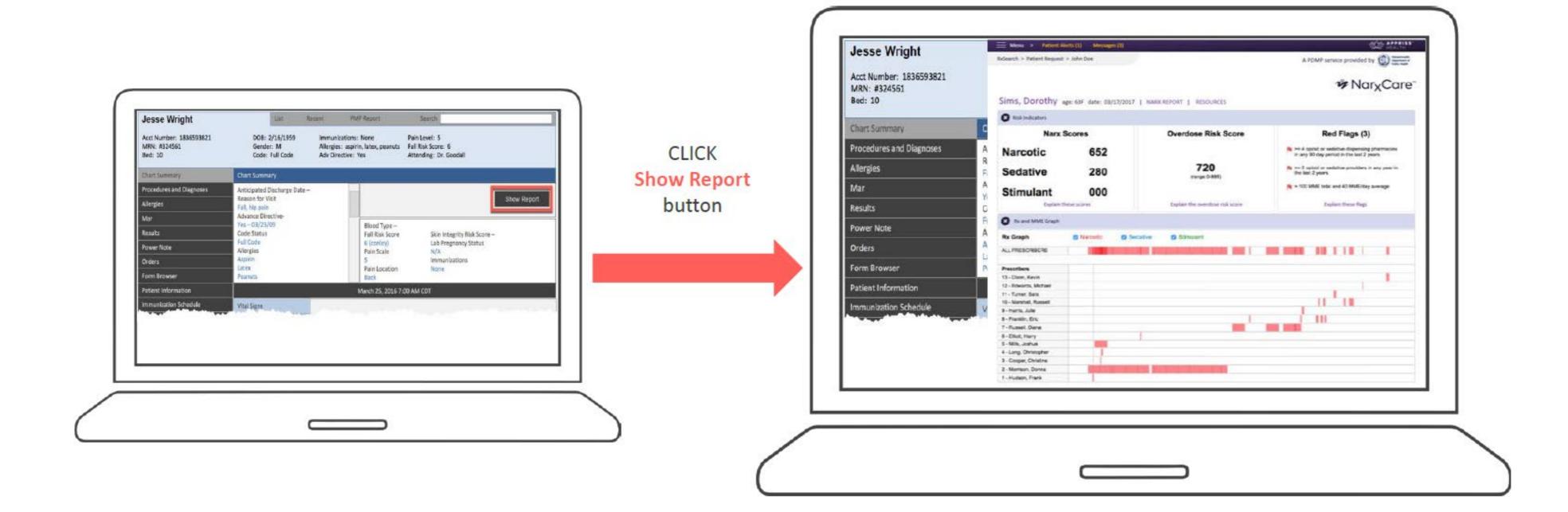
## Statewide Integration



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Allows providers immediate access to the Texas PMP through their Electronic Health Records (EHR) and/or Pharmacy Management System.

Integration process: www.pharmacy.texas.gov/PMP





## HB2174 Prescribing & Dispensing

### **Under the Controlled Substances Act**

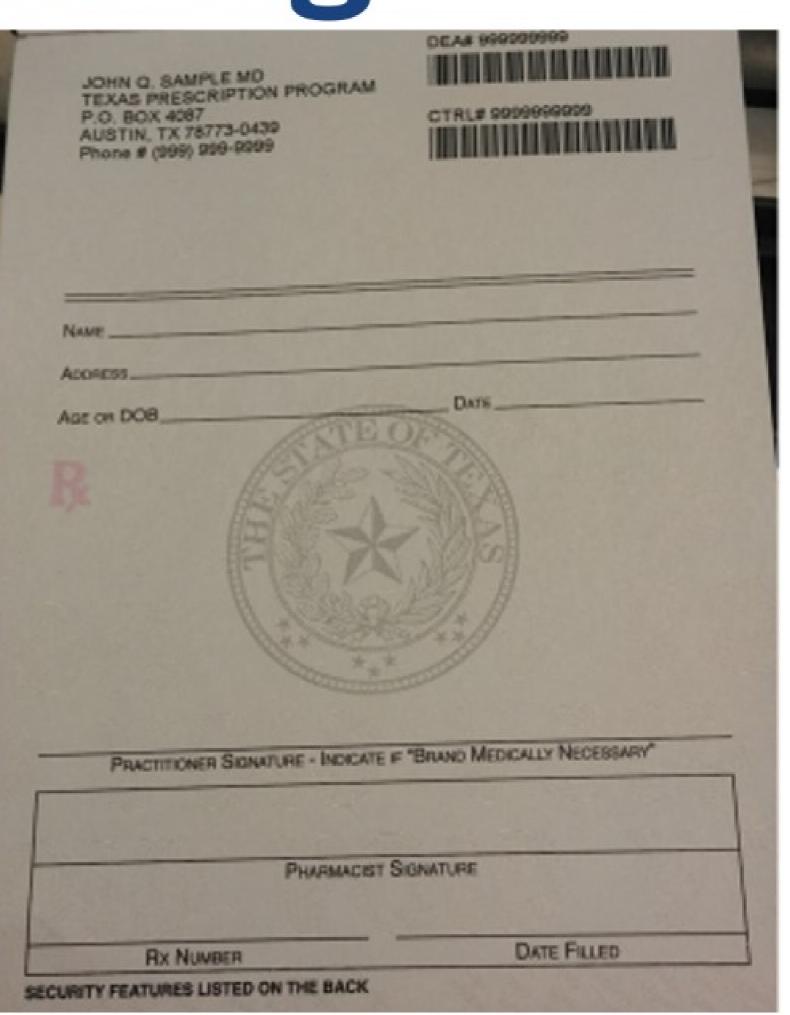
Requires e-prescribing for all controlled substances effective January 1,

### 2021. Benefits:

- Adds safety and security
- Improves patient care and outcome
- Reduces errors

Limits prescriptions for opioids for the initial treatment of acute pain to a 10-day supply (no refills allowed).

Requires two hours of continuing education for pharmacists regarding approved monitoring controlled substances.









## Mandated Use of the Texas PMP

### **Effective March 1, 2020**

Prescribers and pharmacists will be required by Texas state law to use the Texas PMP to review a patient's prescription history before prescribing or dispensing opioids, benzodiazepines, barbiturates, or carisoprodol.



### HB2847 PMP Access



### **Under the Controlled Substances Act**

Amends Section 481.076(a)(5)(A) of the Texas Controlled Substances Act to allow a pharmacist-intern or a pharmacy technician trainee to access the PMP database when appropriate.

Similarly amends Section 481.076(a)(6) to allow a practitioner to access the PMP database to inquire about the prescribing activity of an individual to whom the practitioner has delegated prescribing authority, i.e., a nurse practitioner, physician assistant, etc.

## HB3284 Accessing the PMP



### **Under the Controlled Substances Act**

The bill allows a patient, a minor patient's parent, or a patient's legal guardian to request that patient's PMP record and a record of the practitioners and pharmacists that have accessed the record. Eff. 6/01/2020 Patient Access Program

The bill requires the Board to adopt an administrative penalty for unauthorized disclosure or use of PMP information.

The bill creates criminal offenses related to unauthorized disclosure of PMP information, misrepresentation in requesting a patient's PMP record, and procurement of controlled substances through the use of fraudulent prescription forms.



## HB3285 Continuing Education

### **Under the Controlled Substances Act**

Requires prescribers or dispensers of opioids to annually attend at least one hour of continuing education covering best practices, alternative treatment options, and multimodal approaches to pain management which may include physical therapy, psychotherapy, and other treatments.

The requirement expires August 31, 2023.

## Controlled Substances Dispensed FY2019





38,159,456

Controlled substances dispensed, as reported to the Texas Prescription Monitoring Program (PMP) in FY2019 (Sep 2018 - Aug 2019).

### TOP 15 CONTROLLED SUBSTANCES DISPENSED

Controlled Substance	NUMBER OF Rx
Hydrocodone	5,019,774
Tramadol	4,541,773
Codeine	4,279,676
Alprazolam	3,053,346
Dextroamphetamine	2,713,783
Zolpidem	2,393,259
Clonazepam	1,931,898
Methylphenidate	1,595,222
Amphetamine	1,413,629
Lorazepam	1,413,143
Phentermine	1,315,979
Testosterone	1,257,689
Pregabalin	922,948
Oxycodone	905,011
Diazepam	720,355

FY 2017 **41,139,958** 

FY 2018 **39,764,976** 

FY 2019 **38,159,356** 

FY 2020 35,389,991

(preliminary)

## 142,000 Registered Users

PRESCRIPTION
MONITORING
PROGRAM

as of September 2020

Registered Users By

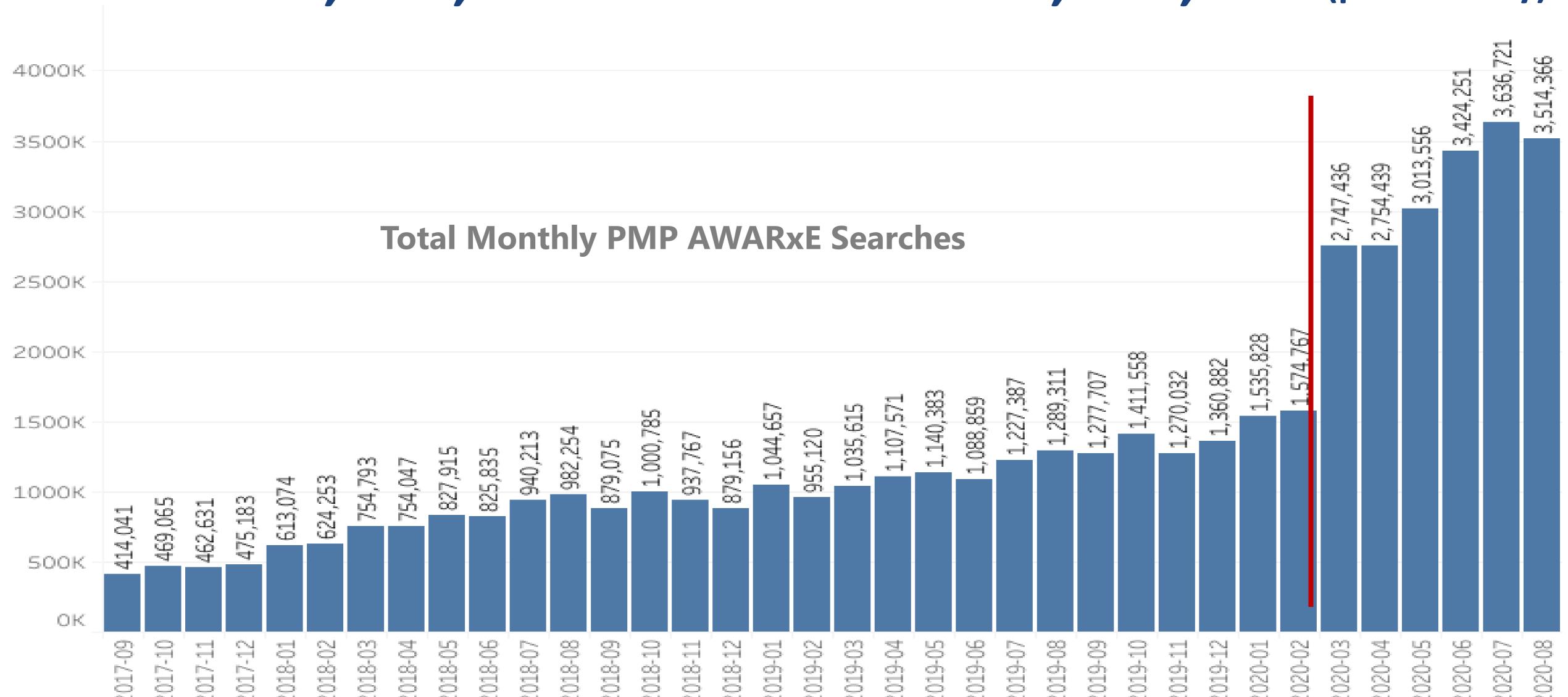
Prescriber Role

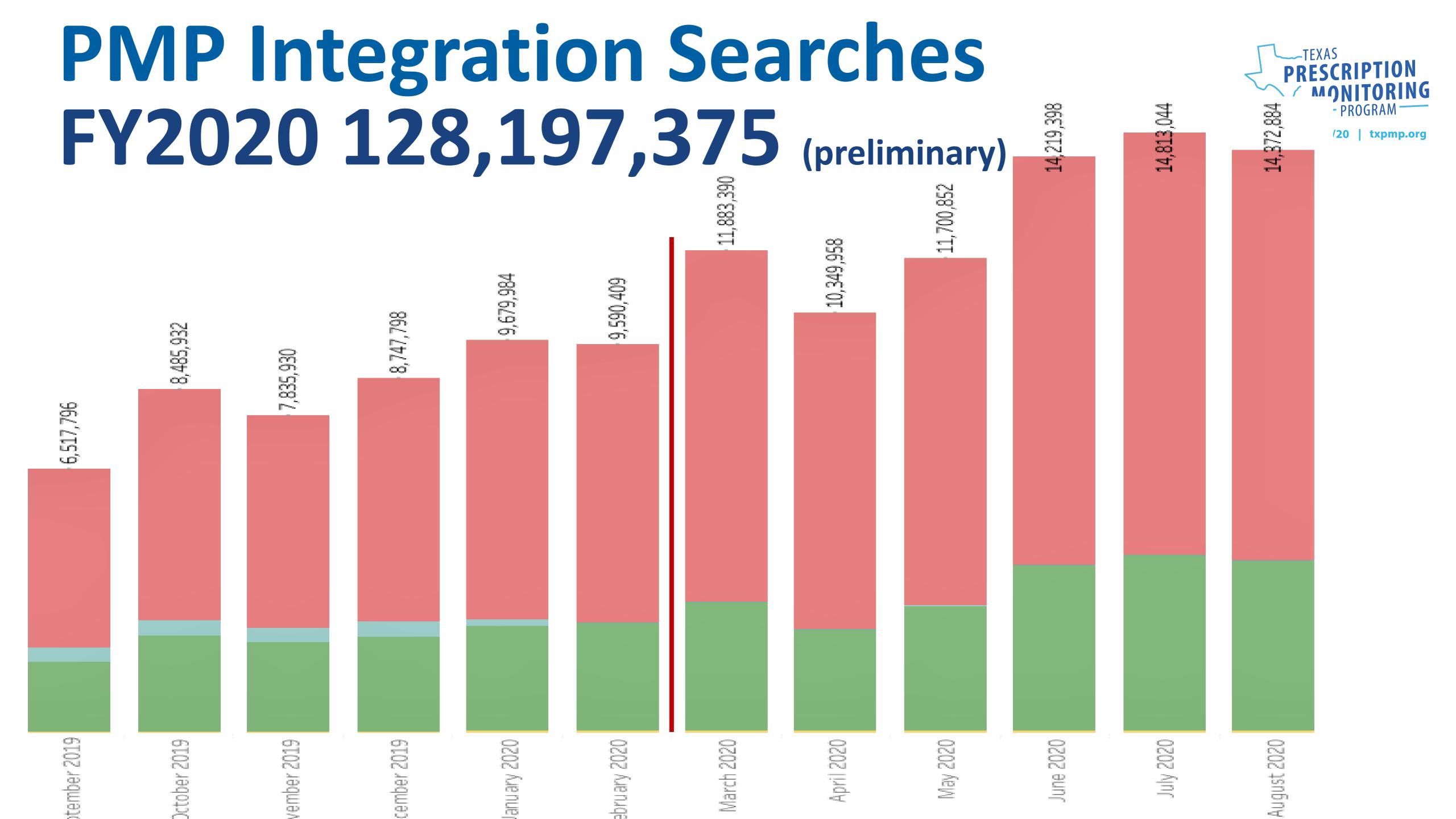
User Role	
Physician (MD, DO)	53,537
Pharmacist	30,379
Nurse Practitioner / Clinical Nurse Specialist	15,146
Prescriber Delegate - Unlicensed	12,844
Dentist	11,815
Physician Assistant	6,736
Pharmacist's Delegate - Licensed	6,507
Medical Resident with Prescriptive Authority	1,233
Veterinarian	1,178
Optometrist	797
Podiatrist (DPM)	757
Prescriber without DEA	630

## PIMP AWARXE Searches FY2019 12,567,013 vs FY2020 27,521,543 (preliminary)











## Control Substances.

In one year, over 1,000 Texans died from prescription drug overdose. Prescribers or their delegates will soon be required to use the **Texas Prescription Monitoring Program** to review every patient's prescription history before prescribing opioids, benzodiazepines, barbiturates, or carisoprodol. **Help end this crisis.** 

Sign on before you sign off.

The Texas Health and Human Services
Commission and the Texas State Board of
Pharmacy have partnered with the UT Austin
Center for Health Communication to promote
prescribers' use of the Texas Prescription
Monitoring Program (PMP), with the ultimate
goal of preventing prescription drug misuse
and overdose.

For additional resources and information about the Texas PMP, please visit **txpmp.org.** 













## Sign on before you sign off.

How important is the **Texas Prescription Monitoring Program?** Vital. Prescribers or their delegates will soon be required to use the Texas PMP to review every patient's prescription history before prescribing opioids, benzodiazepines, barbiturates, or carisoprodol.

The PMP only works when we use it.

### EMAIL

texaspmp@pharmacy.texas.gov

### PHONE

(512) 305-8050

### SOCIAL MEDIA

@TexasPMP









